



# NEW HORIZON COLLEGE OF ENGINEERING

DEPARTMENT OF COMPUTER SCIENCE & ENGINEERING

## REPORT ON HIGH MOTIVATIONAL TALK

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**Speaker: Dr. (Wg.cdr) A Nagasubramaniam**

**Date: 08-02-2020**

**Venue: MBA SEMINAR HALL**

**Audience: 4<sup>TH</sup> Sem CSE Students**

**Topic: Emotional Intelligence for being Smart in Studies**

### **Gist of the Event:**

Dr. A Nagasubramaniam has given an outline about is emotion intelligence. He gave idea about requirement self awareness, self management and social awareness. The importance of self discipline to improve concentration in studies. How social awareness can be used to become smart in studies.

### **Feedback of students:**

The PPT presentation covers almost everything that is required to be at our best in EI. Better quality examples and sticking to the topic was needed. Over all a good seminar to attend.

Gagan 4th A

The talk was good, it was helpful for the students for realization of our strengths and self worth, to control our emotions and development of self motivation.

Attreye 4th D

The talk was very helpful and informed us the importance of self belief and always being motivated. It helped us to know the importance of self control. But it would have been more better if practical tips like mental exercises were provided.

Bhavana 4th D

The seminar provided a good insight, highlighting the importance emotional quotient. The speaker also spoke about the importance of SMART Goals, which is helpful for the students.  
Shivanand 4<sup>th</sup> D

The guest lecture was really motivating and changed the way we perceive things. It also helped in being a better version of ourselves  
Pranav

The session was very informative and useful. Sir gave some real life examples to put across his point and hence we could relate more to it. Some personal experiences were also shared which was very insightful and we were more attentive to it as it was something that we could learn from. Overall a good experience but would like to mention that next time if sir could engage in some activities so that we can also actively take part in the seminar and enjoy it to the fullest.  
Gouri 4<sup>th</sup> A

As a CSE student, our curriculum is mainly focused on coding and development. Lost between high level computer languages and databases, a session about emotional intelligence was very much needed. Sir, your points in each slide of the PowerPoint presentation had so much to say. Though emotional intelligence plays a vital role in our day to day life, we were unaware about the effects it can have on us. Although your presentation helped us learn about the major differences between IQ and EQ, positive impacts of EQ in our daily life. The concepts of 'Self awareness' and 'Self management' were explained in such a way that it went straight to our mind and heart. The examples of MS Dhoni, World cup match, difference between sea water and drinking water along with the video depicting money and its effect on human kept the session lively. We, the students of NHCE, thank you for enlightening us about Emotional intelligence  
Madhura 4<sup>th</sup> B

Emotional intelligence is nothing but able to recognize ones own emotions and others and also able to differentiate between different feelings and label them accordingly. As a student emotional intelligence is very important for us. May it be working in a team or even working individually one must be able to make out what he or she feels. Last Saturday we had a session on emotional intelligence which made us realize how important this was in our day to day life. All of us were very contented with the content he explained to all of us, looking forward for more such informative sessions so that we can mould ourselves.

Aditi 4<sup>th</sup> A

I really enjoyed the program. Really helpful. a lot of energy, a lot of enthusiasm. Practical and rational. Awesome presentation. The concepts about emotional intelligence and the material presented by you will most definitely be incorporated into our lives.  
Aman 4<sup>th</sup> D

**Glimpses of the event: [for photos]**





