# NEW HORIZON COLLEGE OF ENGINEERING DEPARTMENT OF COUNSELLING MINUTES OF MEETING

Date & Time: 25-11-2024, 11:30 AM Venue: Applied Sciences HOD - Cabin

SI No:	Member Name	Designation	Position	Signature
1	Dr. Manjunatha	Principal	Chairman	Name
2	Dr. V S Anusuya Devi	Head - Counselling	Member - Secretary	4650
3	Mrs. Srividya Anand	Sr. Student Counsellor	Member	my
4	Ms. Prachi B	Student Counsellor	Member	- Rui
5	Ms. Anna Jogie	Student Counsellor	Member	doct
6	Ms. Sunishtha Susarla	Student Counsellor	Member	guini

# Meeting Title: Training Program for First-Year Engineering Students

## Agenda:

- 1. Finalizing the details of the training program for first-year engineering students by ASK.
- 2. Coordination of logistics and arrangements.
- 3. Action items and responsibilities.

<b>Discussion Points</b>	Action plan		
Program Details	The training program for first-year engineering students was finalized.		
	Date: 5th December 2024		
	Time: 10:00 AM to 3:00 PM		
	Venue: Audio-Video Room, Amar Jawan Jyothi Building		
	The program will be conducted by Aapta Salaha Kendra		
Participants	First-year engineering students will participate.		
	The total number of students expected to attend (40-CR) was discussed and confirmed.		
Refreshments and Meals	Tea will be served for both trainers and students. Lunch will be provided for the trainers.		

Logistics and Coordination	The Counselling Department will ensure the seamless execution of the program, including coordinating the schedule and addressing any issues that may arise. The Availability of the Audio-Video Room needs to be confirmed with the Head of the Library Science Department.
Communication and Notifications	The ASK Coordinator will be informed about the finalized schedule and program details.

### Conclusion:

The meeting successfully finalized the details for the training program, and all logistical aspects were discussed and assigned.

All responsible parties are expected to complete their action items promptly to ensure a smooth event on the 5th of December, 2024.

HEAD-DEPARTMENT OF COUNSELLING

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### NEW HORIZON COLLEGE OF ENGINEERING DEPARTMENT OF COUNSELLING MINUTES OF MEETING

Date & Time: 23-09-2024, 12:30 PM Venue: Applied Sciences HOD - Cabin

SI No:	Member Name	Designation	Position	Signature
1	Dr. Manjunatha	Principal	Chairman	Maythy
2	Dr. V S Anusuya Devi	Head - Counselling	Member - Secretary	of wast
3	Mrs. Srividya Anand	Sr. Student Counsellor	Member	don't.
4	Ms. Prachi B	Student Counsellor	Member	Jan'
5	Ms. Anna Jogie	Student Counsellor	Member.	100 M
6	Ms. Sunishtha Susarla	Student Counsellor	Member	Comis

### Agenda:

- To discuss the logistics and preparation for the First Year BE Students' Orientation, specifically for the event to be held in the Falconry Seminar Hall.

#### **Discussion Points:**

- Overview of the orientation program, including welcome addresses, introduction to the institute, and student engagement activities.
- Organizing the logistics for the Falconry Seminar Hall, including seating arrangements, AV equipment, and event flow.
- Assigning responsibilities for different aspects of the event such as on spot registration, collecting materials for the workshop, and Activity sheets for the students.
- Plans to speak about UHV in all the session for students.

#### **Action Plan:**

- Finalize the schedule and event program.
- Confirm the technical setup for the seminar hall.
- Assign staff and volunteers to manage different logistical aspects on the day of the event.
- Communicate all necessary details to first-year students.

HEAD-DEPARTMENT OF COUNSELLING

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### NEW HORIZON COLLEGE OF ENGINEERING DEPARTMENT OF COUNSELLING MINUTES OF MEETING

Date & Time: 01-10-2024, 11:30 AM Venue: Applied Sciences HOD - Cabin

SI No:	Member Name	Designation	Position	Signature
1	Dr. Manjunatha	Principal	Chairman	Nayth
2	Dr. V S Anusuya Devi	Head - Counselling	Member - Secretary	4881
3	Mrs. Srividya Anand	Sr. Student Counsellor	Member	dont
4	Ms. Prachi B	Student Counsellor	Member	Pi
5	Ms. Anna Jogie	Student Counsellor	Member	704
6	Ms. Sunishtha Susarla	Student Counsellor	Member	Somish

### Agenda:

- To plan the activities for World Mental Health Day (WMHD) based on the WHO theme "Mental Health at Workplace."

### **Discussion Points:**

- Overview of the WHO theme for World Mental Health Day and its relevance to the workplace, especially in the context of an academic environment.
- Discussed potential activities to raise awareness about mental health in the workplace, such as interactive sessions, talks, and workshops.
- The importance of reducing stigma surrounding mental health and creating a supportive environment for staff.
- Suggestions to engage faculty, staff, and students in these activities.
- Ideas included organizing a panel discussion, stress management workshops, and providing resources on mental health.

#### **Action Plan:**

- Finalize the activities for World Mental Health Day.
- Organised well in action event for all staff.
- Involve counsellors, HR, and Sports departments to support the initiative.

HEAD-DEPARTMENT OF COUNSELLING

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### **COUNSELLING COMMITTEE**

SI No:	Member Name	Designation	Position
1	Dr. Manjunatha	Principal	Chairman
2	Dr. V S Anusuya Devi	Head - Counselling	Member - Secretary
3	Mrs. Srividya Anand	Sr. Student Counsellor	Member
4	Ms. Prachi B	Student Counsellor	Member
5	Ms. Anna Jogie	Student Counsellor	Member
6	Ms. Sunishtha Susarla	Student Counsellor	Member

### **Objectives of the Committee:**

- 1. **Providing Academic Guidance and Support**: The committee aims to offer academic counseling to students, guiding them in managing academic workloads, and improving study skills. It ensures that students receive the necessary support to meet their academic goals and overcome challenges.
- 2. Promoting Mental Health and Emotional Well-being: One of the key objectives is to provide emotional support and address mental health concerns among students. The committee organizes counseling sessions, stress management workshops, and other initiatives to help students cope with anxiety, depression, and other mental health issues.
- 3. Facilitating Personal Development: The counseling committee assists in the personal development of students by offering guidance on interpersonal skills, time management, and decision-making.
- 4. **Providing Support for Slow Learners**: The committee ensures that students receive the necessary guidance and support. It works to create an inclusive environment by addressing any barriers that these students might face academically or socially.
- 5. Fostering a Positive Campus Environment: The committee works to create a supportive and inclusive campus culture by promoting mental health awareness and conflict resolution.

#### **Functions of the Committee:**

- 1. Mental Health and Emotional Support: It offers confidential counseling sessions to address emotional and psychological issues, providing a safe space for students to seek support.
- 2. Promoting Awareness on Mental Health: The committee raises awareness about mental health issues through workshops and campaigns, encouraging students to seek help and reduce stigma.
- 3. Support for Slow Learners: It ensures students receive necessary accommodations and support, fostering an inclusive and accessible academic environment.
- 4. Conflict Resolution and Peer Mediation: The committee mediates conflicts between students and staff, promoting open communication and resolving disputes constructively.
- 5. Organizing Awareness Programs and Workshops: It plans workshops and seminars on stress management, time management, and other essential skills to enhance students' personal development.
- 6. Referral to External Resources: The committee refers students to external mental health professionals and resources when additional support or treatment is needed.