

NEW HORIZON COLLEGE OF ENGINEERING

DEPARTMENT OF COUNSELLING

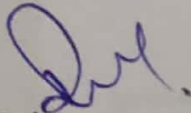
Report - International Webinar on Mental Health and Bipolar Disorder

Dept of counselling successfully organized *International Webinar on Mental Health and Bipolar Disorder* on the occasion of *World Mental Health Day 2020*. Webinar was conducted on 9th October 2020 at 3.30 pm Indian time and 6am USA time. The objective of the webinar was to spread awareness about mental health and elucidate mental illness like bipolar disorder. A total of 231 students including parents and staff from India and USA registered for the webinar.

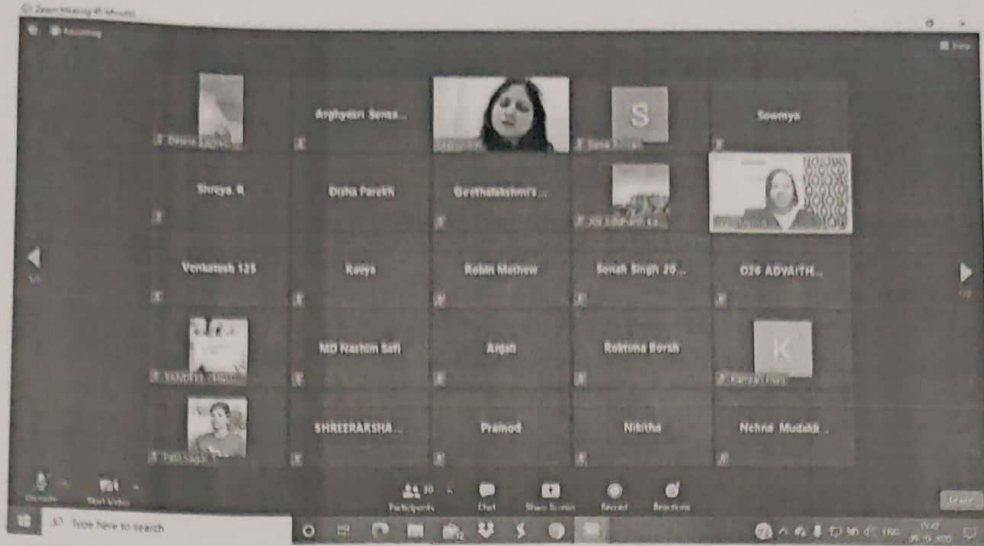
Webinar was started with the welcome address by Ms Rosina, student counsellor and handed over to our first speaker (Dr) Starr B. Merritt, Mental Health Technician/Counsellor at Discovery Behavioural Health in Stamford, C.T.,USA. She spoke about the significance of mental health, role of counsellor and compassion of mental health. Ms Arghyasri, student counsellor thanked her for beautiful presentation. Ms Rosina welcomed our second speaker Dr Reena Jain, Chief Counsellor, NHCE, Bangalore and handed over the session to her. She gave a PPT presentation on mental illness and bipolar disorder. She explained the difference in mental health and illness. Procedure to approach help about mental health related issues and what is bipolar disorder, symptoms, classification, etiology and treatment.


Participants asked many questions regarding mental illness, medication and how can they help anyone who is suffering from mental health issues. Dr Reena Jain answered all the questions patiently. Participants were satisfied with all the answers. All the participants enjoyed the session and gave positive feedback about the program. Webinar was ended by the vote of thanks by Student counsellor Ms Arghyasri.


Regards


Dr Reena Jain


Chief Counsellor





NEW HORIZON
COLLEGE OF ENGINEERING
 DEPARTMENT OF PROFESSIONAL COUNSELLING
 Organizes

WORLD MENTAL HEALTH DAY


LIVE INTERNATIONAL WEBINAR ON MENTAL HEALTH AND BIPOLAR DISORDER
 9TH OCTOBER 2020
 3.30PM INDIAN TIME, 6.00AM USA TIME.
 FREE REGISTRATION
 LAST DATE FOR REGISTRATION 8TH OCT
 LINK
<https://cutt.ly/dgwq0DY>



Dr. STARR B. MERRITT
 Head of Health & Career Center
 Discovery Behavior
 Health, Stanford, USA




Dr. REENA JAIN
 Clinical Psychologist
 Head of Health & Career Center
 MACE, Bangalore, India

You are viewing Reena Jain's screen View Options

Arghyasi Sena...
Reena Jain
Starr Merritt
Venkatesh 125
Meghana T.N
Geethalakshmi's...

When the brain is **not working properly**, one or more of its **6 functions** will be disrupted



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      graph TD
      A[Brain] --> B[Thinking]
      A --> C[Perception]
      A --> D[Emotion]
      A --> E[Signaling]
      A --> F[Physical]
      A --> G[Behavior]
    
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Recording Participants: 27 Chat Share Screen Record Reaction

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