

NEW HORIZON COLLEGE OF ENGINEERING
COUNSELING DEPARTMENT

Report on 'Refresh and Come Alive' Sessions
Conducted for Teaching Staff

Date	Time	Department	No. of participants
7/09/21	3:00 PM- 4:00PM	MCA	9
24/09/21	2:00 PM- 3:00PM	CS	28
24/09/21	3:30 PM- 4:30PM	EEE	20
25/09/21	3:00 PM- 4:00PM	ECE	26
29/09/21	12:00 PM- 1:00PM	Civil	10
30/09/21	3:50 PM- 4:50PM	ME and Automobile	17

The department of Counselling conducted 'Refresh and Come Alive' Sessions for the teaching faculty from all departments at New Horizon College of Engineering. The sessions were conducted by the Chief Counsellor, Dr. Reena Jain accompanied by the respective department counsellors – Arghyashri Sensharma, Reshma Rajan and Bhavtarini.

The Chief Counsellor, Dr. Reena Jain opened the session with a basic introduction of herself and the department which was followed by a briefing on the role and duties of counsellors in

the college, the mentoring process, and how counselling falls into place with mentoring. Information about ways to refer students for counselling and reach out to counsellors was shared. The teachers came forward with their queries and concerns with regard to counselling and the chief counsellor addressed them. The session then moved forward to an ice breaker game called 'Pass the Parcel' where teachers interacted and answered questions when their turns came. Chocolates were distributed to all the teachers who participated in the game.

Feedback was collected from teachers towards the end of the session. The session received a positive feedback.

