

New Horizon College of Engineering

Department of Counselling

Report – Anti Drug Campaign

Department of professional counselling successfully organized a seminar and Walkathon Rally as Anti- Drug Campaign to promote International Day against drug abuse. It is observed on June 26th. Seminar was conducted on 28th June 2022 at 11:30 AM in the auditorium. The objective of the seminar was to spread awareness about the anti-drug day. The main aim of this day was to spread awareness about the physical and psychological impact of substance abuse, drug overdose deaths, and drug related problems across the globe. The semintimesar was started with a quote- “Drug addiction is a self – punishing disease that ruins mental, psychological and physical health” followed by a devotional song, “Gananayakaya” and lamp lighting. Seminar was inagurated by HOD Chemistry Dr Anusuya. The first half session was taken by Dr Reena Jain, Chief Counsellor, New Horizon College of Engineering, Bengaluru. She spoke about the types of drugs and it’s ill effects. The second half of the session was carried forward by an external speaker, Dr Gitanjali Narayanan. She is an Associate Professor in the Department of Clinical Psychology, National Institute of Mental Health and Neuro Sciences, Bengaluru, She is a consultant at the Centre for Addiction Medicine NIMHANS. She spoke about how addiction is treated at NIMHANS. A clean and in depth information was delivered by both the speakers. There were about 600-700 students who had attended the Seminar. In the end a token of appreciation was given by HOD CE to our external speaker and vote of thanks was given by Charitha. Program perfectly ended with the National Anthem.

On the next day that is on 29th June, 2022 at 11:00 am a walkathon rally was conducted with the same objective to spread awareness on a larger scale, in association with the Marathahalli Police. Our chief guest for the day was police inspector, Marathahalli, Mr. SLR Reddy. Our chief guest inaugurated the rally by cutting the ribbon and Mr Suryapraksh, Registrar, NHCE had given him a token of appreciation. The rally started from the college premises, moving swiftly towards New Horizon Gurukul School onto Vishal Mega Mart sauntering to the Kadubeesanahalli Circle and circling back to the NHCE sports grounds.

The police inspector had given his continuous support throughout the rally. There were 535 students who had actively participated in the rally. End of the rally juice was distributed to all the participants. They were benefited by the campaign and gave positive feed backs about the program.



NEW HORIZON COLLEGE OF ENGINEERING

DEPARTMENT OF PROFESSIONAL COUNSELLING

Organizes

ANTI-DRUGS CAMPAIGN

SEMINAR

Drug Abuse & Interventions
Why No To Drugs?



Auditorium



28-06-2022



11:30 AM



Dr Gitanjali Narayanan

Associate Professor, Dept of Clinical Psychology.
Consultant, Center for Addiction Medicine. NIMHANS



Dr Reena Jain

Clinical Psychologist & Chief Counsellor
NHCE, Bengaluru, India.



WALKATHON RALLY



29-06-2022

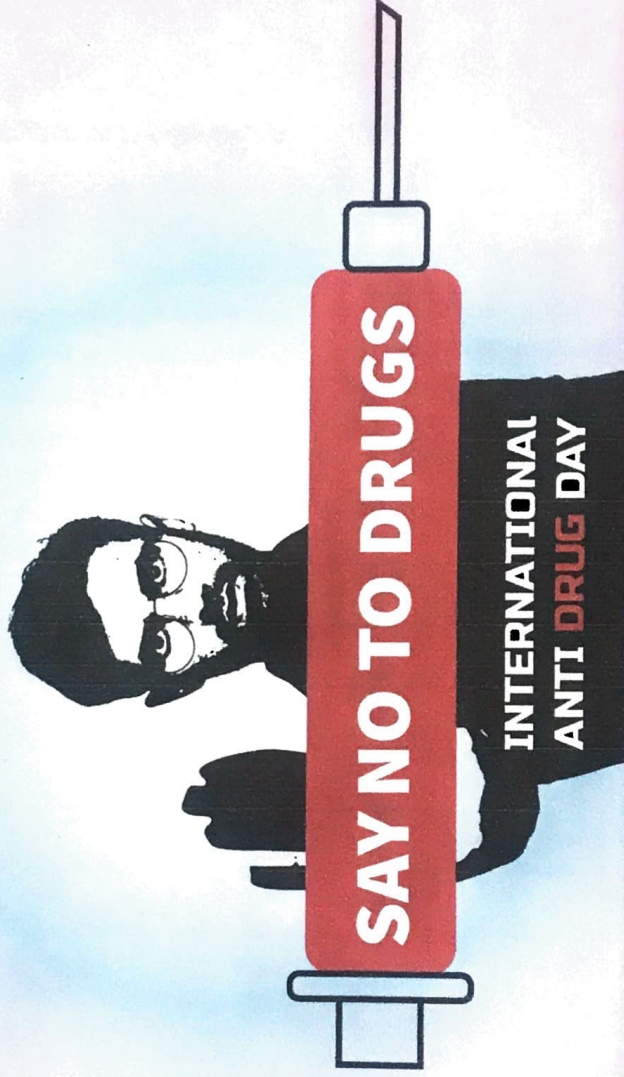


11 AM

DEPARTMENT OF PROFESSIONAL
COUNSELLING

Organizes

ANTI-DRUGS CAMPAIGN



**'KICK IT
BEFORE
IT KICKS YOU'**

WALKATHON RALLY