

Report: Campus Harmony Orientation Program

Title of the Program:

Campus Harmony – Safety, Discipline, and Wellbeing Orientation

Date:

16/09/2025 – 19/09/2025

Venue:

Tejas Seminar Hall, Falconry Seminar Hall, Chanakya Seminar Hall

Organized by:

Department of Counselling, New Horizon College of Engineering

Target Audience:

First-year undergraduate engineering students

Objectives of the Program

- To provide students with essential information and resources for a smooth transition into college life.
- To promote awareness about campus safety, discipline, and student wellbeing.
- To familiarize students with available counselling services and Universal Human Values (UHV).
- To build a positive, inclusive, and respectful campus culture.

Batch-Wise Schedule

Batch	Date	Time	Sections	Venue
I	16/09/2025	9:00–11:00	B, C, I	Tejas Seminar Hall
II	17/09/2025	9:00–11:00	A, D, E	Chanakya Seminar Hall
III	18/09/2025	11:00–1:00	J, Q, R, S, T	Chanakya Seminar Hall
IV	19/09/2025	9:00–11:00	N, O, P	Falconry Seminar Hall
V	19/09/2025	11:30–1:30	K, L, M	Falconry Seminar Hall
VI	19/09/2025	2:00–4:00	F, G, H	Falconry Seminar Hall

Program Flow and Activities

1. Welcome & Introduction

- Opening remarks highlighting the significance of Campus Harmony.
- Emphasis on wellbeing, safety, and values as foundations for a successful college journey.

2. Ice-Breaker Activity – “Name Game”

- **Activity:** Each student introduces themselves with an adjective + favourite food + name (all starting with the same letter).
- **Example:** Neha Nice Noodles, Rahul Reliable Rasagulla.
- **Purpose:** Helps students remember names, reduce anxiety, and create a friendly atmosphere.

3. Mastering Your First Year Journey

- **Mental Health Matters:** Importance of self-care, balanced lifestyle, and counselling support.
- **Academic Excellence:** Study habits, time management, plagiarism awareness, and using resources.
- **Social Integration:** Joining clubs, embracing diversity, building friendships.
- **Overall Balance:** Goal setting, saying “no,” preventing burnout.

4. Counselling Services – Your Safe Space

- Explanation of counselling services provided on campus.
- Types: Individual, group, couples counselling.
- Process: Appointment booking, walk-in hours, confidentiality, goal setting.
- Introduction of counsellors to students.

5. Fun Group Activity – “College Pictionary Challenge”

- **Activity:** Groups draw campus landmarks/buildings for others to guess.
- **Purpose:** Enhances memory, teamwork, and creativity while familiarizing students with campus spaces.

6. Universal Human Values (UHV)

- **Definition:** Happiness, peace, prosperity, harmony through respect, honesty, and compassion.
- **Relevance:** Builds ethical living, healthy relationships, and self-awareness.
- **First-Year Integration:** Introduced as a non-credit paper (CIA – 100 marks).
- **Outcome:** Decision-making skills, balanced learning, value-based approach.

7. Do's and Don'ts – Creating a Respectful and Safe Campus

- **Ragging:** Strictly prohibited; promote inclusivity.
- **Drug Abuse:** Zero tolerance; encourage healthy lifestyles.
- **Sexual Harassment:** Zero tolerance; promote safe and respectful environments.
- **Grooming & Conduct:** Professional appearance, respect for peers/faculty, inclusivity.

8. Reporting Guidelines

- **Immediate Action:** Report incidents to Class Teacher or Counsellor.
- **Escalation:** Approach Head of Department if unresolved.
- **Caution:** Avoid advice from seniors in such matters.

9. Fun Energizer – “Mystery Box Challenge”

- **Activity:** Groups pick an item from a mystery box, create a brand name, slogan/jingle, and present it.
- **Purpose:** Promotes creativity, teamwork, confidence, and fun engagement.

10. Closing & Vote of Thanks

- Recap of key learnings: Safety, wellbeing, counselling, values, discipline.
- Encouragement to embrace a harmonious and respectful college life.

Expected Outcomes

- Students gain awareness of campus safety and support services.
- Students learn values of respect, inclusivity, and balance.
- Students build social connections and feel more integrated.
- Students understand the significance of UHV and personal wellbeing.

Photographs



Organizing Committee

Convener

- Sr. Anusuya V S, HOD, Department of Counselling
- Mrs. Srividya Anand, Senior Student Counsellor

Coordinators

- Ms. Anna Jogie, Student Counsellor
- Ms. Nidhi Parate, Student Counsellor
- Ms. Kajal Janardhanan, Student Counsellor