

NSS UNIT CELL

Report on Life Skills Training Program



The NSS Unit Cell and NCC Unit of New Horizon College of Engineering organised a Life Skills Training Program on 11th and 12th September 2025 in association with Yuvaka Sangha in Bangalore.

Campus 2 Community, a volunteer platform of Yuvaka Sangha, harnesses the enthusiasm and expertise of volunteers to address critical societal challenges through curated and hosted initiatives. The main objective of this program was to build confidence, develop self-esteem, and inculcate positive changes among students in terms of attitude, behaviour, and etiquette. A total of five resource persons conducted the sessions over the two days, guiding students through various aspects of personal and social development.

Day 1 - The first day of the program began with an introduction to Yuvaka Sangha, Bangalore, followed by an engaging brainstorming session on life skills. This session encouraged self-reflection, teamwork, and critical thinking among participants.

Day 2 - The second day focused on sessions related to Leadership, Communication Skills, Social Responsibility, Problem-Solving, and Time Management. The interactive nature of these sessions enabled students to gain practical insights into developing essential life skills.

At the conclusion of the program, Principal, Dr. Manjantha addressed the students and emphasized the importance of conducting such programs for holistic student development. He also distributed the boarding letters and badges of Yuvaka Sangha to all volunteers. The NSS Programme Officer and NCC Commanding Officer were appreciated by the Yuvaka Sangha Coordinators for their continuous support and contribution towards the successful organisation of the program.

The programme received an excellent response from the student community, reflecting their keen interest and active participation throughout the two days. The programme concluded with a memento distribution ceremony, where NHCE presented mementos to the resource persons from Yuvaka Sangha as a token of appreciation. Additionally, Yuvaka Sangha coordinators presented mementos to the Principal, NSS Programme Officer, and NCC Coordinator for their valuable support and encouragement.

Photo Gallery





